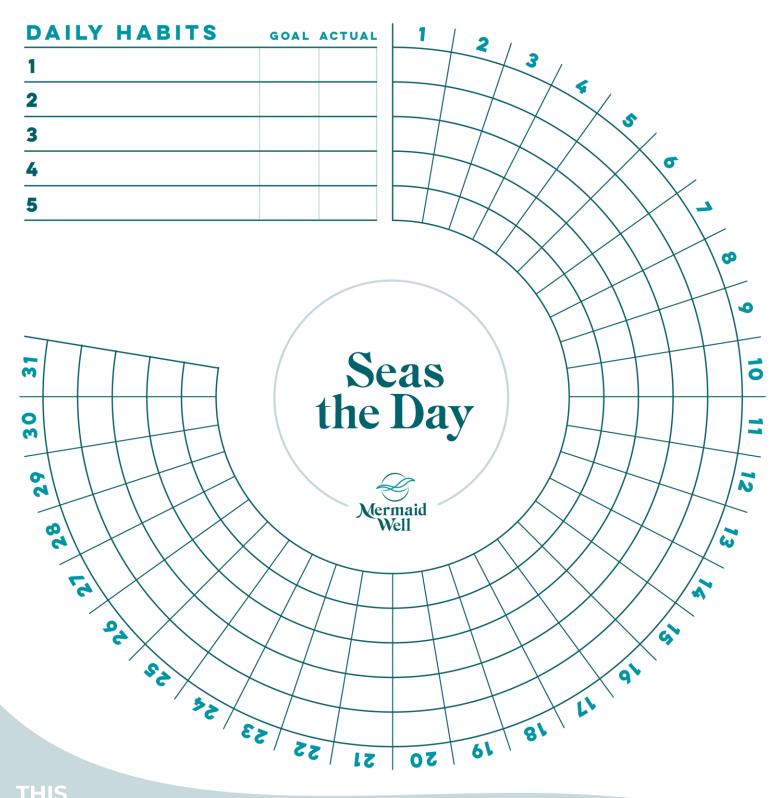
Habit Tracker

JANUARY 2025



THIS
MONTH'S
MANTRA

I AM STRONG, RESILIENT, AND CAPABLE OF ACHIEVING MY GOALS.