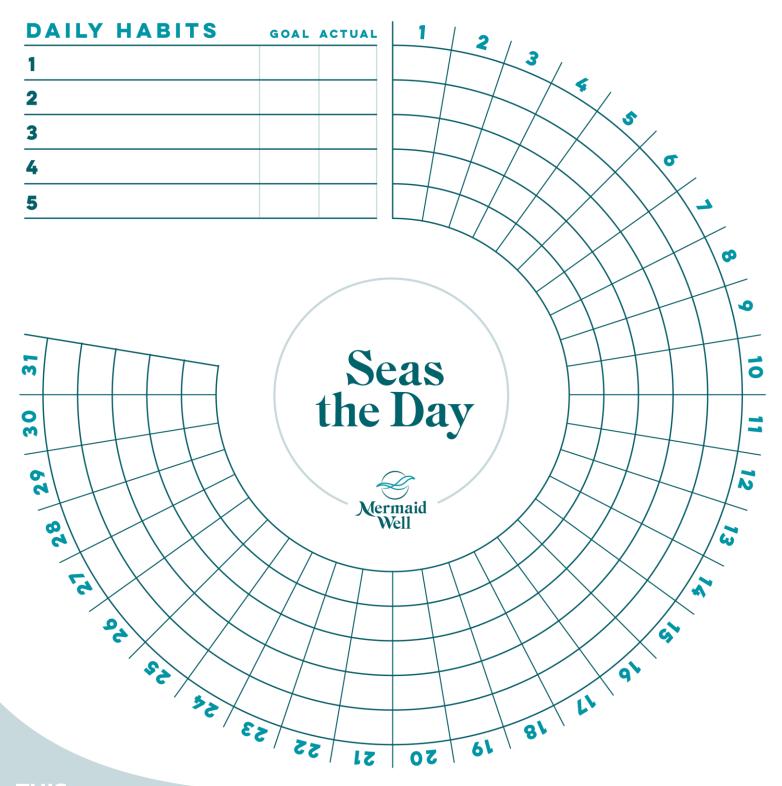
## Habit Tracker

**MARCH 2025** 



THIS
MONTH'S
MANTRA

I CHOOSE PEACE OVER PRESSURE AND KNOW THAT MY BEST IS ENOUGH.