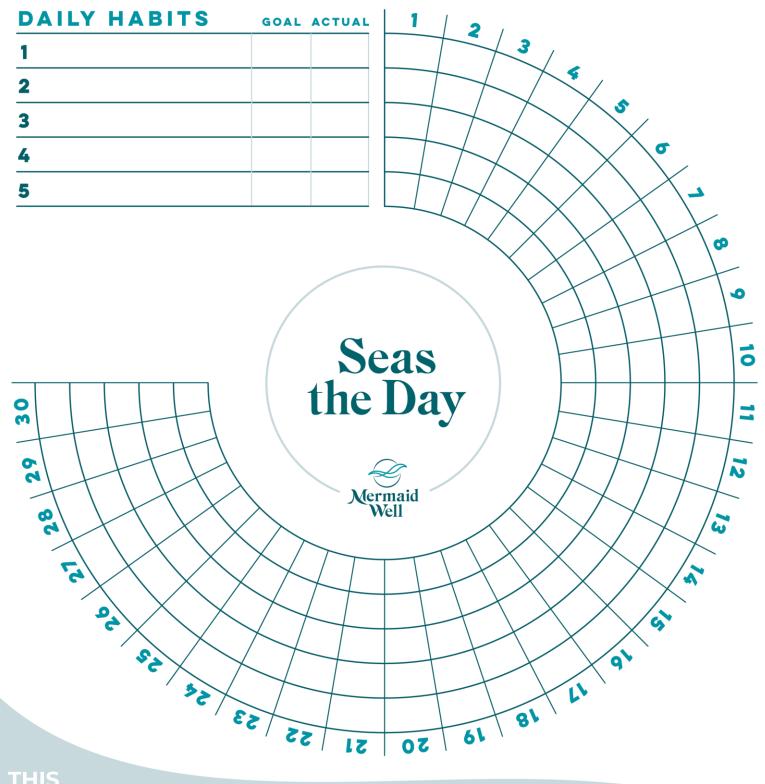
Habit Tracker

JUNE 2025



THIS MONTH'S MANTRA

I ALLOW MYSELF TO SET BOUNDARIES AND PRIORITIZE MY NEEDS.