

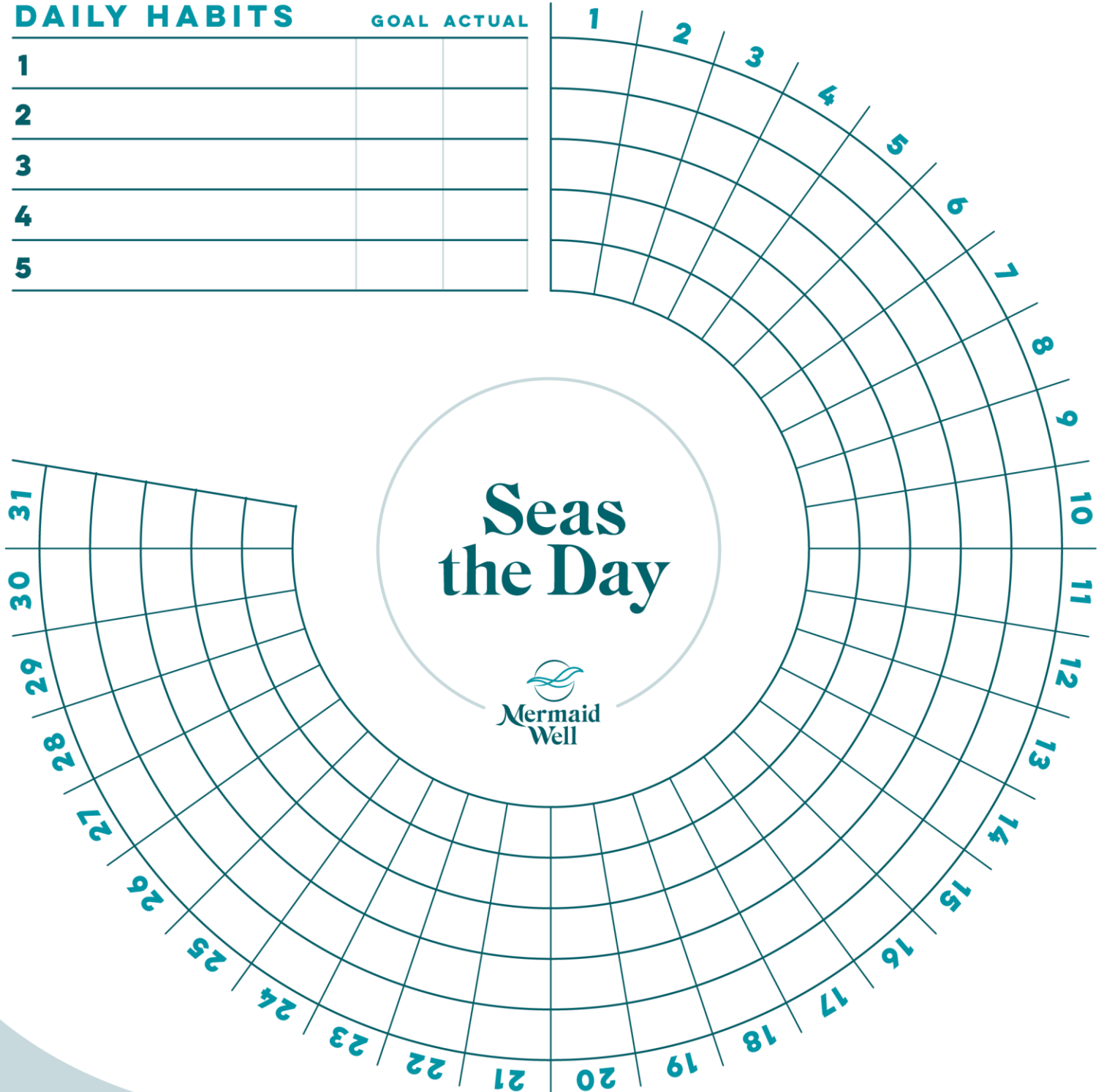
Habit Tracker

JULY 2025

DAILY HABITS

GOAL ACTUAL

1			
2			
3			
4			
5			



THIS
MONTH'S
MANTRA

MY DIRECTION IS MORE IMPORTANT THAN MY SPEED.