

# Find Your Balance with One Button



The World's Most Studied Vagal Neuromodulation System

VCLA Yale & 60+ research partners

As seen on

**NETFLIX** 



FINANCIAL TIMES

SCIENTIFIC AMERICAN



## How it works?

AVNTTM technology, sends gentle electrical impulses to stimulate the vagus nerve, triggering three core effects:

- Calms stress and activates relaxation
- 2 Supports a balanced inflammatory response and immune modulation
- 3 Supports neural flexibility, contributing to mental clarity and cognitive performance



Step 1 Clip Parasym AVNT™ to your ear



Adjust intensity and start the session



Step 3 Feel relaxed in minutes, long-term benefits build over time

Nuropod, powered by AVNT<sup>TM</sup> technology, has been shown to increase vagus nerve activity in just 5 minutes—without training, habit change, mental effort, or lifestyle modifications.\*

Use it effortlessly while working, commuting, preparing meals, socializing, or engaging in daily activities.

### Wear it 1-2 times a day for 15-30 minutes.

(Add sessions as needed)



After workouts to promote recovery



After stressful events to calm down faster



With meals to support digestion



When feeling under the weather to encourage immune readiness



To reduce discomfort

Nuropod, developed with AVNT™ technology, is your daily nervous system reset.

# Why AVNT™ technology?



#### #1 Most Studied:

50+ clinical studies with world-class institutions\*

#1 Trusted by Doctors: 1000+ health professionals worldwide use or recommend it\*

#### #1 Safety Profile:

0 Serious Adverse Events reported in studies to date\*

#### #1 Measured Effective:

61% increase in vagus nerve activity observed in one study after 5 minutes\*

#### #1 Easy to Use:

Wearable, hands-free, works during most daily activities\*

#### #1 Widely Used:

Over 4 million sessions completed\*

**Results-Based Pricing:** 30-day money-back guarantee **Free Shipping** 

\*Do not use while operating heavy machinery or in moist environments \*Among certified wearable vagal neuromodulation devices

# The Science behind AVNT™ technology

We have two essential nervous system states:

Fight or Flight (Sympathetic Nervous System)

Rest & Digest (Parasympathetic Nervous System)

Both are necessary to survive and thrive, but chronic imbalance towards the fight or flight due to modern life stressors leads to:

- Stress
- Anxious thoughts
- Sleep disturbances
- Poor digestion
- ← Fatigue
- Low resilience
- Brain fog
- (a) Inflammation

AVNT™ technology helps restore balance by activating the parasympathetic system via the vagus nerve.



After 10 years and \$10M in research, Parasym developed a safe, non-invasive wearable, Nuropod, driven by AVNT™ technology, designed to gently stimulate the vagus nerve—no surgery required.

## Clinical Results From 50+ Studies

* Vagus Nerve Activity	№ 61% in 5 minutes
Anxious States	∿ 35%
	~ 19%
& Depressive Score	∿ 45%
The Heart Rate Variability (HRV)	~ 18%
	∿ 78%
<b>⅓</b> Fatigue	∿ 48%
	∿₃ 61%
Attention Deficiency	<b>№ 11%</b>
♦ Blood Pressure	∿ 10%
(POTS symptoms)	∿ 40%
Harmful Autoantibodies	<b>√₂</b> 24%
→ Oxidative Stress	<b>№</b> 28%

\*Results in specific study populations. Individual results may vary.

## Not Sure If It's For You?

Discover More
About Nuropod, Powered
By AVNT™ technology

